**Manners and Social Skills**

**Social Skills and Confidence Training**

[**http://www.myvmc.com/treatments/social-skills-training-sst/**](http://www.myvmc.com/treatments/social-skills-training-sst/)

[**http://www.socialskillstrainingproject.com/**](http://www.socialskillstrainingproject.com/)

[**http://www.succeedsocially.com/grouptherapy**](http://www.succeedsocially.com/grouptherapy)

[**http://www.skillsyouneed.com/ps/confidence.html**](http://www.skillsyouneed.com/ps/confidence.html)

[**http://www.businessballs.com/self-confidence-assertiveness.htm**](http://www.businessballs.com/self-confidence-assertiveness.htm)

[**http://www.iirmd.com/event/developing-professional-assertiveness-and-confidence**](http://www.iirmd.com/event/developing-professional-assertiveness-and-confidence)

[**http://www.amanet.org/training/seminars/on-demand/Increasing-Your-Self-Confidence.aspx**](http://www.amanet.org/training/seminars/on-demand/Increasing-Your-Self-Confidence.aspx)

[**http://www.skillpath.ca/index.cfm/on-site/seminar/topic/OS-Essentials-Credibility-Composure-Confidence**](http://www.skillpath.ca/index.cfm/on-site/seminar/topic/OS-Essentials-Credibility-Composure-Confidence)

[**http://www.powerful-communication.com/confidence-building-coaching.htm**](http://www.powerful-communication.com/confidence-building-coaching.htm)

[**http://www.artofcommunicating.com.au/speak\_confidence.html**](http://www.artofcommunicating.com.au/speak_confidence.html)

[**http://attractioninstitute.com/confidence-training/**](http://attractioninstitute.com/confidence-training/)